

2011–2012 Junior Class Schedule
 Classes listed by start time
13 week sessions

Level	M	T	W	Th	F	S	Su
Hot Shots 1 hr	5:00 P	5:00 P	5:30 P	5:00 P	5:00 P	1:00 P	11:00 A
Big Shots 1 hr	5:00 P	5:00 P	5:30 P	5:00 P	5:00 P	1:00 P	11:00 A
101 1 1/2 hrs	5:00 P	5:00 P	5:00 P	5:30 P	4:30 P	12:30 P	11:00 A
Ad-vancer 1 1/2 hrs	5:00 P	5:00 P	5:00 P	5:30 P	4:30 P	12:30 P	11:00 A
TT 2 hrs	5:00 P	4:30 P	5:00 P	4:30 P	5:00 P		2:00P
4-1 1 1/2 hrs	5:00 P			5:00 P		12 Noon	2 hr

Prepaid classes will not be held on the following dates:
 11/24/11-11/27/11 Thanksgiving Break
 12/24/11-1/1/12 Winter Break
 4/7/12-4/8/12 Spring Break
 5/26/12-5/28/12 Memorial Day Weekend

PERSONAL AND GROUP FITNESS: Personal training and group fitness classes available.

**WELCOME TO THE
 PENNSBURY RACQUET ATHLETIC CLUB**

The club consists of a tennis facility and an 11,500 sq ft fitness center. The tennis center has 9 indoor courts, 2 viewing lounges and a café area ideal for private parties. The fitness facility has state-of-the-art equipment as well as aerobics, spin, yoga, and pilates classes. We offer free babysitting and have a game room (ping pong, air hockey, foosball, & tv) for the older kids. Brad Werner and the rest of our USPTA and PTR professional coaches and certified fitness instructors are ready to serve you in our year-round programs.

POLICIES

PRIVATE LESSONS

- ➔ **Payments:** Payment is expected at time of instruction.
- ➔ **Cancellations:** Customer is responsible for payment unless 24 hour notice is given.

GROUP LESSONS/DRILLS

- ➔ **Payments:** Full balance due at time of registration.
- ➔ **Make-ups: NOT GUARANTEED.** 1 per session allowed, space permitting, only if we are called 24 hours in advance. No carryovers to next session.
- ➔ **Refunds:** No refunds for late arrivals, early departures, or withdrawal from class. No prorating of classes that cannot be attended .
- ➔ **Must** have a min of 4 students for class to be held.

PREPAID RATES

13 WEEK SESSION

- 1 hour Class.....\$260 (\$20/class)
- 1 1/2 hour Class.....\$377 (\$29/class)
- 2 hour Class.....\$481 (\$37/class)

NEW 4-1 RATIO!

- 1 1/2 hour Class.....\$546 (\$42/class)
 - 2 hour Class.....\$728 (\$56/class)
- (ASK AT FRONT DESK TO JOIN)

Junior Enrollment Application

Date of Application: ____/____/____
 Name: _____
 Age: _____
 Address _____
 City _____ State _____ ZIP _____
 Phone: (home) _____
 Phone: (cell or work) _____
 Email _____@_____

Programs Selected

Level/Class: _____
 Day: _____ Time: _____

FULL PAYMENT DUE AT REGISTRATION

STAFF USE ONLY:

 BALANCE DUE

 DATE RECEIVED

PAYMENT MODE: (CIRCLE):

CREDIT CHECK CASH

Junior Programs:

HOT SHOTS (ages 4-6): Emphasis is placed on hand-eye coordination, motor skills, and reflexes through drills. Using Quickstart format. (run time 1 hr)

BIG SHOTS (ages 6-8): Students are introduced to the proper basics of tennis, body positioning, grips, stroke components and footwork through drills. Using Quickstart format. (run time 1 hr)

TENNIS 101 (ages 10-18): Specifically for the older beginning players. (run time 1 1/2 hrs)

ADVANCER: Emphasis on stroke production based on extensive and repetitive drill programs designed to intensify as the student's game progresses. Player must be able to serve and hit from the baseline. (run time 1 1/2 hrs)

TOURNAMENT TRAINING: Concentration on stroke production refinement through the correct use of spins, advanced footwork drills and increased conditioning. A more competitive atmosphere with the ultimate goal to train for High School tennis and Jr. Tournaments. (run time 2 hrs)

4-1 RATIO: 4-1 student to pro ratio. By invitation or approval only. Specifically geared to the elite player. Ultimate goal is to train for district thru national tournaments. High performance tennis drills, conditioning, and point development are included

USTA JR TEAM TENNIS: Be a part of a fun yet competitive team tennis program. In-house and inter-club match play. Saturdays 2:00-4:00pm

PRIVATE LESSONS: Individual lessons with pro. Price based on \$75/hr with staff pro and \$80/hr with head pro.

375 West Trenton Ave
Morrisville, Pa 19067



JUNIOR TENNIS PROGRAMS

PENNSBURY RACQUET & ATHLETIC CLUB

*Proudly Offers Both
Tennis and Fitness*

2011-2012

JUNIOR TENNIS PROGRAMS

Fall, Winter & Spring Sessions
Starting September 12, 2012

SPECIAL FAMILY DISCOUNT:
5% discount when you pay for three 13 week



Phone: 215-736-1177
215-736-0248 (fitness)
Fax: 215-736-1179
WWW.PENNSBURYRAC.COM